

The Freezer Cooking Manual from 30 Day Gourmet is a comprehensive cooking system that teaches busy cooks the art of spending one day assembling and freezing a months worth of delicious and nutritious entrees, side dishes and desserts. This hands-on manual includes time-saving worksheets, step-by-step instructions, healthy tips, money-saving ideas and practical advice. The manual also features: - 23 black and white demonstration photos - 7 easy-to-follow steps - fold-out tally sheet - benefits of cooking with a friend - choosing recipes for freezer cooking - shopping smart - assembling in quantity - freezing for great results - thorough appendix with: - equivalency charts - metric conversion charts - freezing time chart - blanching chart - list of basic cooking terms - freezer selection and maintenance - power failure procedures The Freezer Cooking Manual from 30 Day Gourmet differs from other quantity cookbooks seen on the market. - Our system allows for choosing a different combination of recipes each cooking day. - Our system allows for incorporating personal recipe favorites. - Our recipes are multiplied out for time-saving multiple entre cooking. - Our recipes are kid-friendly and family approved. - Our recipes are not repeated elsewhere in the manual. Thousands of 30 Day Gourmets LOVE this manual and attest to its sanity saving value.

A short introduction of grammar generally to be used compiled and set forth for the bringing up of all those that intend to attain to the knowledge of the Latine tongue. (1695), Things at Home/Las Cosas de Mi Casa (Things In My World/Las Cosas de Mi Mundo) (Spanish Edition), The Graveyard Shift, The Gilded Age Construction of American Homophobia, Your Worst Nightmare,

The Freezer Cooking Manual from 30 Day Gourmet: A Month of Meals Made Easy [Nanci Slagle] on hungrydads.com *FREE* shipping on qualifying offers.

The Freezer Cooking Manual from 30 Day Gourmet: A Month of Meals Made Easy The recipes are simple, but the strength of this collection is how they break.

After 20 years in business, 30 Day Gourmet is closing its doors. You can also view or download color photos of all recipes in the Big Book of Freezer Cooking. The Freezer Cooking Manual from 30 Day Gourmet: A Month of Meals Made Easy. Front Cover. Nanci Slagle. 30 Day Gourmet Press, - Cooking -

This hands-on manual includes 50+ freezer recipes (with access to 's The Freezer Cooking Manual from 30 Day Gourmet: A Month of Meals Made Easy. 29 May - 45 sec - Uploaded by bandi julian The Freezer Cooking Manual from 30 Day Gourmet A Month of Meals Made Easy. bandi.

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